



Archbishop Tenison's

CHURCH OF ENGLAND HIGH SCHOOL

SIXTH FORM



Physical Education

A Level Course Overview

The Theoretical Elements (70% of Grade)

- Applied anatomy and physiology.
- Skill acquisition.
- Sport and society.
- Exercise physiology.
- Biomechanical movement.
- Sport psychology.
- Sport and society and the role of technology in physical activity and sport

The Practical Elements (30% of Grade)

- Students assessed as a performer or coach in the full sided version of one activity.
- Coursework: written/verbal analysis of performance



What's great about Physical Education at Tenison's Sixth Form?

Students are taught by passionate, enthusiastic and experienced specialist staff who pride themselves on teaching progressive and enjoyable lessons that are tailored to each pupil.

Our results are in the top 25% Nationally and rated as Excellent

2020 – 100% of students graded A* - C

2019 – 100% of students graded A* - D

2018 – 100% of students graded A* - C





OPPORTUNITIES AND SUCCESSES

Extra curricular opportunities in the Sixth Form – competitive / recreational

- *Boys Football*
- *Girls Netball*
- *Boys Basketball*
- *Running Club*
- *Fitness Classes*
- *Opportunities to create your own club*





OPPORTUNITIES AND SUCCESSES

In PE we have run the following trips open to A Level students

- *Ski Trips to Italy*
- *University Sports Science Trips*
- *British Basketball Finals in London and Birmingham*
- *Bodyworlds Exhibition*
- *Adventure Runs*
- *World Cup Track Cycling at Olympic Velodrome*
- *Olympics 2012 Trips*
- *Rugby at Twickenham*
- *Dance Trips to Laban Dance Conservatoire, Greenwich*





OPPORTUNITIES AND SUCCESSES

Tenison's GCSE and A Level PE Sporting Alumni

- **Joshua Buatsi** – Professional Boxer - WBA International Light Heavyweight Champion, British Light Heavyweight Champion, Olympic Bronze Medallist (Rio 2016)
- **Charles Hagan** – Professional Footballer at Sheffield Wednesday
- **Bryony Smith** – Surrey and England Women's Cricketer
- **Samir Williams** – Former English Schools 100m and 4x 100m relay Champion, currently studying on an Athletics Scholarship in America
- **Eljay Morris** – Playing College Basketball in America
- **Kwaku Frimpong** – Professional Footballer at AFC Wimbledon





OPPORTUNITIES AND SUCCESSSES

- *We are always delighted when our students leave Tenison's and go on to forge successful careers in the Sports Industry. The most popular pathways of former students are:*
- *University Degrees in Sports Science, Physiotherapy, Sports Medicine*
- *Qualifying to become PE Teachers themselves*
- *Following successful careers in coaching*
- *Qualifying to become Personal Trainers and experts in the Fitness Industry*



Questions?