

## Support in Croydon for Young People

### Turning Point Croydon

<http://www.turning-point.co.uk/croydon-young-peoples-substance-misuse-service.aspx>



Croydon Young People's Substance Misuse Service is for anyone under 18 in Croydon with a drug or alcohol issue.

Turning Point operates the Croydon Young People's Substance Misuse Service from locations across the borough. Services will be delivered by Turning Point, Air Sports, Croydon Voluntary Action and Breaking Free Online providing an integrated drug and alcohol service.

An Individual Recovery Plan will be created with young people from a range of services they provide.

- Computer-based guided self-help
- Improved health and wellbeing through physical activity
- Support with housing and benefits
- Outreach workers
- 1 to 1 keyworking
- Access to counselling
- Variety of evidence based group work programmes
- Opiate substitute prescribing
- Support with mental and physical health issues
- Access to Mutual Aid, Peer Mentoring, Peer Education and volunteering programmes
- Access to education, training, volunteering and employment opportunities
- Leaflets in other languages.



For more details about their services, please contact their 24/7 number on 0300 123 9288

### Off the Record Croydon

<http://www.offtherecordcroydon.org/>



Off the Record offer a wide range of free, friendly and accessible support services for young people who live, work or study in Croydon, including counselling (face-to-face and online), workshops and support for young carers.

✉ Off the Record Croydon,  
72 Queens Road,  
Croydon,  
CR0 2PR



020 8251 0251

@ [info@offtherecordcroydon.org](mailto:info@offtherecordcroydon.org)

## Croydon Drop In/ Talk Bus

<http://www.gettington.org.uk/services.asp?borough=1>

Sexual health, drugs & alcohol services for teenagers online or in the Talk Bus

Every Thursday 2.30pm - 7.30pm North End outside Primark

and at various locations through the week across Croydon (for details see

<http://www.gettington.org.uk/agency.asp?borough=1&service=11&postcode=&id=896:> )



020 8680 0404