

## Safer Choices: Week 6

Wednesday 3 June 2015 **CHANGING MINDS**

Your child will be doing the following:

- Watching drugs education videos and evaluating how effective they are
- Designing a leaflet or poster, or creating and performing a presentation to a group of teenager, aiming to change minds and outline the risks of taking drugs.

**First...** they will watch the following videos and discuss their effectiveness.

***You could watch these yourself and talk with your child about what you both think about it, what the other students in the class thought...***

[http://progmedia.edgesuite.net/videos/antidrug/en/antidrug-commercial-ecstasy\\_480\\_en.mp4](http://progmedia.edgesuite.net/videos/antidrug/en/antidrug-commercial-ecstasy_480_en.mp4)



[http://progmedia.edgesuite.net/videos/antidrug/en/antidrug-commercial-drugs-popular\\_480\\_en.mp4](http://progmedia.edgesuite.net/videos/antidrug/en/antidrug-commercial-drugs-popular_480_en.mp4)



[http://progmedia.edgesuite.net/videos/antidrug/en/antidrug-commercial-crack-love-lost\\_480\\_en.mp4](http://progmedia.edgesuite.net/videos/antidrug/en/antidrug-commercial-crack-love-lost_480_en.mp4)



**Then...** they will be asked to work in a pair or group to design a leaflet or poster, or create and perform a presentation, as below –

## *Making Safer Choices – Lesson 6 – Changing Minds*

<b>TASK 1</b>	<b>TASK 2</b>	<b>TASK 3</b>
<p><b><u>Design a Leaflet</u></b></p> <p><b>Which:</b></p> <ul style="list-style-type: none"> <li>• is informative</li> <li>• is attractive</li> <li>• aims to change minds</li> <li>• outlines risks</li> </ul>	<p><b><u>Design a Poster</u></b></p> <p><b>Which:</b></p> <ul style="list-style-type: none"> <li>• is informative</li> <li>• is attractive</li> <li>• aims to change minds</li> <li>• outlines risks</li> <li>• can be seen at a distance</li> </ul>	<p><b><u>Create and perform a presentation</u></b></p> <ul style="list-style-type: none"> <li>• Imagine you are addressing a group of teenagers.</li> <li>• Try to convince them to make safer choices with drugs.</li> <li>• Include a role play.</li> </ul>



DANIEL  
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Foundation

*'Supporting young people to make safe choices about drugs'*

This will bring together all they've learned over the course, and help them to remember things they may have forgotten by working with other students and seeing their work.

***Your child could talk to you at home about what their group did, how well it went, what other groups did, what they've learned...***

**Finally...** they will be asked to complete an evaluation, asking about what they've learned about drugs, what was most and least useful, and whether there is anything else they would have liked to have been included in the lessons.

***Please could we also ask you for your feedback about the information you have received as parents and carers?***

This will help us as we plan future courses. You can do this online via the school website home page ([www.archten.croydon.sch.uk](http://www.archten.croydon.sch.uk))

More information about drugs can be found on the websites listed on the separate document, 'What's Online for Parents and Carers' or via the links below, and on the Daniel Spargo-Mabbs Foundation website [www.dsmfoundation.org.uk](http://www.dsmfoundation.org.uk) or Facebook page [www.facebook.com/danielspargomabbsfoundation](http://www.facebook.com/danielspargomabbsfoundation)

## What's online for parents and carers?

**Angelus Foundation** ([www.angelusfoundation.com](http://www.angelusfoundation.com))



**Who are they?**

A drugs charity which aims to raise the knowledge, information and skills of parents and other family members about legal highs and club drugs.

**What's on their website for parents/carers?**

Information about legal highs and club drugs; short films by leading experts, and by parents, family members and individuals affected by drugs; top tips and advice for wise conversations about drugs; parents' handbook; online parents' community; information about their campaign for young people, Find Out ([www.whynotfindout.org](http://www.whynotfindout.org))

**Talk to Frank** ([www.talktofrank.com](http://www.talktofrank.com))



Government-funded website for young people offering information and advice on drugs, and online one-to-one advice and support.

**What's on their website for parents/carers?**

Information and advice, frequently asked questions, A-Z of drugs.

**Mentor UK** ([www.mentoruk.org.uk](http://www.mentoruk.org.uk))



**Who are they?**

A national charity working on a variety of projects across the UK to protect children and young people from alcohol and drug harm, including developing training and resources for schools, mentoring support to young people, academic research and informing policy.

**What's on their website for parents/carers?**

Information and advice on drugs and alcohol, including by age range; short videos answering commonly asked questions; links to other information for parents/carers available online.

**Adfam** ([www.adfam.org.uk](http://www.adfam.org.uk))



**Who are they?**

A national organisation working with and for families affected by drugs and alcohol. They offer support to families and are also an umbrella organisation for smaller local support groups. Adfam also works closely with government and other bodies to ensure that families are kept on the agenda in wider discussion of 'the drug problem'.

**What's on their website for parents/carers?**

Information and support for families, including signs to look for and where to look for help; drug factfile; information about local support groups; publications for families.

**DrugFAM** ([www.drugfam.co.uk](http://www.drugfam.co.uk))



A national charity offering support to families affected by addiction to drugs or alcohol, through counselling and befriending, support groups, bereavement support, education and awareness raising.

**What's on their website for parents/carers?**

Information about services offered by DrugFAM; links to related sites with useful information about drugs and alcohol